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Traveline  
National Rail Enquiries [www.nationalrail.co.uk](http://www.nationalrail.co.uk)  
0870 608 2 608  
08457 48 49 50

**Public transport enquiries**  
Sustrans  
Les Edwards - Telford  
Trench Lock Cycles - Telford  
Perry Cycles - Wellington  
Stan Jones Cycles - Shrewsbury  
Shrewsbury Cycles - Shrewsbury  
Jack Davies Cycles - Shrewsbury  
Hawk Cycles - Shrewsbury  
Hafords - Shrewsbury  
Dave Mellor Cycles - Shrewsbury  
01743 36662  
01743 27027  
01743 34454  
01743 353093  
01743 232061  
01743 343775  
01952 246625  
01952 415200  
01952 605213  
0870 8730060  
0845 1130065

**Cycling contacts**  
Dave Mellor Cycles - Shrewsbury  
01743 36662  
Hafords - Shrewsbury  
01743 27027  
Hawk Cycles - Shrewsbury  
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Perry Cycles - Wellington  
01952 415200  
Trench Lock Cycles - Telford  
01952 605213  
0870 8730060  
0845 1130065

**Visitor Information Centres**  
Shrewsbury  
Wellington Library  
Telford  
[www.shropshiretourism.info](http://www.shropshiretourism.info)

**Attractions**  
1 Shrewsbury Abbey  
2 Quarry Park  
3 Sports Village  
4 Attingham Park  
5 Home Farm  
6 Haughmond Abbey  
7 The Wrekin  
8 Sunnycroft  
9 The Old Print Works Coffee Shop  
10 Admiral Bendow  
11 Oscars Cafe, The Music Hall  
12 Shrewsbury Hotel  
13 Kings Head  
14 The Wheatheat  
15 Golden Cross Hotel  
16 Mollies Cafe  
17 The Bacchus  
18 Three Fishes Inn  
19 Cromwells Inn  
20 Barley Mow Inn  
21 The Pheasant Inn  
22 Park Hotel  
23 The Plough Inn  
24 The Red Lion Inn  
25 Grove House Hotel  
26 Prynce's Villa  
27 The Old Print Works Coffee Shop  
28 Admiral Bendow  
29 Oscars Cafe, The Music Hall  
30 Shrewsbury Hotel  
31 Kings Head  
32 The Wheatheat  
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44 Prynce's Villa

**Cycle friendly accommodation, cafes & pubs**  
1 The Old Print Works Coffee Shop  
2 Anton Guest House  
3 Shop  
4 Admiral Bendow  
5 Oscars Cafe, The Music Hall  
6 Shrewsbury Hotel  
7 Kings Head  
8 The Wheatheat  
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**Route 81 National Cycle Network**  
150 miles through  
England and Wales

**Aberystwyth**  
Ceredigion County Council  
[www.ceredigion.gov.uk](http://www.ceredigion.gov.uk)

**Rhayader**  
Powys County Council  
0845 607 6060  
[www.powys.gov.uk](http://www.powys.gov.uk)

**Newtown**  
Powys County Council  
0845 607 6060  
[www.powys.gov.uk](http://www.powys.gov.uk)

**Welshpool**

**Shrewsbury**  
**THIS LEAFLET**

**Wellington**

**Telford**  
Shropshire County Council  
01743 253008  
[www.shropshire.gov.uk/cycling.nsf](http://www.shropshire.gov.uk/cycling.nsf)

**Cosford**  
Borough of Telford & Wrekin Council  
01952 202826  
[www.telford.gov.uk](http://www.telford.gov.uk)

**Albrighton**  
Wolverhampton City Council  
01902 555734  
[www.wolverhampton.gov.uk](http://www.wolverhampton.gov.uk)

**Wolverhampton**

**National Cycle Route 81**

**Shrewsbury to Wellington**  
Make tracks alongside the river and old canal; and take time to enjoy a slower pace of life, as you cycle this scenic route

**Discover Shropshire By Bike**  
It's great to get out and about on a bike in Shropshire. Discover hundreds of miles of National Cycle Network routes along quiet lanes, explore traffic-free trails along old railways and waterways, follow the cycle rides from historic towns and get muddy on mountain bike tracks in woods and forests.



[www.shropshire.gov.uk/cycling.nsf](http://www.shropshire.gov.uk/cycling.nsf)  
Shropshire County Council  
**01743 253008**

**National Cycle Network**  
This route is part of the award-winning National Cycle Network, a network of attractive places to cycle throughout the UK.  
[www.nationalcyclenetwork.org.uk](http://www.nationalcyclenetwork.org.uk)

Sustrans  
**0845 113 0065**



**Waterways and cycleways**

Look out for local wildlife as you follow the traffic-free River Severn path and canal path out of Shrewsbury (swans and kingfishers are regular visitors). The old Shrewsbury canal originally connected the industrial heart of Shrewsbury with coalfields, ironworks and limestone quarries around Telford. A direct link from the canal path leads into the new **Shrewsbury Sports Village**, home to a wide range of facilities including a cycle circuit, BMX track and cafe. If cycling with children, the best traffic-free sections are between Shrewsbury Quarry, Sports Village and **Uffington**, but do take care where the path is close to deep water.

Pass through picturesque villages as you cycle along the quiet lanes east of Uffington. Stop and sample refreshments offered by the many country pubs and look for clues of the old canal as it re-crosses the route. Near **Walcot**, cross over the confluence of the Rivers **Roden** and Tern, once the site of a watermill. Continue under the railway line into **Wellington** where there's the option of returning to Shrewsbury by rail, sampling the delights of this market town or continuing along Route 81 towards Telford and Wolverhampton.

**Wellington**  
Wellington, built on the edge of Watling street, was an important medieval market town with its first charter granted in 1244. Modern Wellington is still home to regular street markets. It has a number of attractive buildings, including 15th century Old Hall, 18th century All Saints church by George Stuart (architect of nearby Attingham Park) and 19th century gentleman's villa, Sunnycroft (*National Trust*).

**Upton Magna** boasts several black and white buildings and fine Norman church of St Lucia. It is halfway along this section of Route 81 and forms a crossroads with the Mercian Way (Route 45). Head north on the Mercian Way for picnics on **Haughmond Hill**, or south along the Mercian Way for tea and cakes at Attingham Park (*National Trust*).

**Wellington** village lies in a wide, flat valley. The sandstone church of St John the Baptist was built in 1874. **Charlton** is a red-brick hamlet with evidence of Charlton Castle. Wrockwardine is surrounded by arable farmland and centred around St Peter's Church. Among the fine buildings are the almshouses (1841) and Wrockwardine Hall (1628).

**7 CYCLE MAP SHROPSHIRE**

**National Cycle Route 81**  
Shrewsbury to Wellington

Designed by MA Creative • [www.macrecreative.co.uk](http://www.macrecreative.co.uk)

Shropshire County Council  
National Cycle Network

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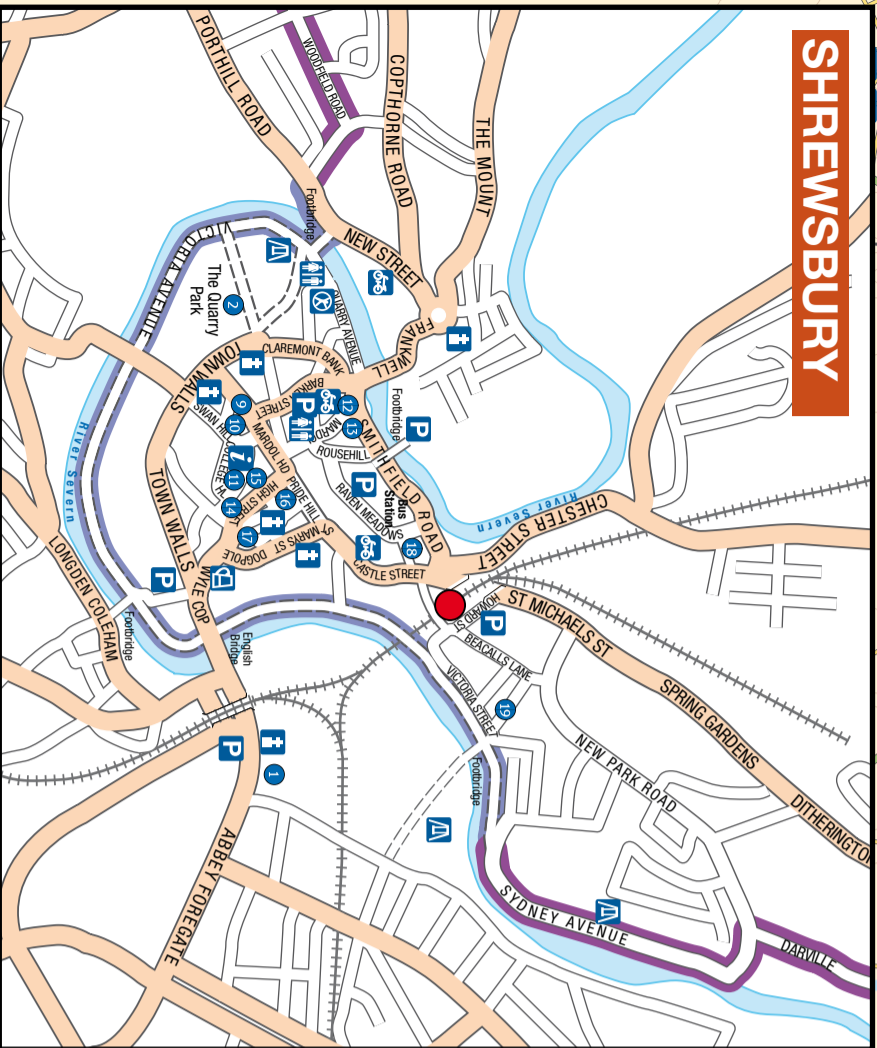
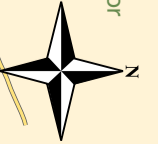
**Route 45**  
Merican Way to Whitchurch

**Code of Conduct**

- ⚡ Cycle With Care
- ⚡ Always follow the Highway Code
- ⚡ Be considerate to other users, and give way to pedestrians and horse riders
- ⚡ Take particular care at junctions, when cycling downhill and on loose surfaces
- ⚡ Ride in single file on narrow or busy roads
- ⚡ Consider wearing a helmet and high visibility clothing
- ⚡ Fit a bell and use it - don't surprise people



**National Cycle Route 81**  
Shrewsbury to Wellington – 13 Miles • 21 km



	Route 81 (on lanes/traffic-free)		Route 45 (on lanes)
	Take Care		Cycle Shop
	Visitor Information Centre		Cycle Parking
	Café		Cycle Hire
	Public House		Playground
	Shops		Place of Worship
	Toilets		Wildlife Reserve
	Building of Historical Interest		Leisure Centre
	Gardens		Museum
	English Heritage		Car Parking
	National Trust		Railway Station

